



You're invited!

Join us for the official opening of KLHC's latest grant projects;

- ✓ *Timber rebound wall*
- ✓ *Amenities building upgrade*
- ✓ *Awning*

Saturday 2 June

4-a-side hockey from 2.00pm to 3.00pm – wear your joggers

Official Opening

Michelle Rowland, Steve Bali and Julie Griffiths

3.00pm

Free BBQ, drinks and cake
Cavanagh Reserve Multi-Purpose Courts
Northcott Road Lalor Park

RSVP to Lyn by Monday 28 May with the following details;

***Total numbers attending
4-a-side hockey participants***

Kings Langley Hockey Club is proudly supported by;





Cavanagh Clean Up

A big thank you to Christina, James, Josh, Bethany, Ian and Kerrie-Anne for their help with the recent working bee. Weeding, raking and scrubbing were undertaken leaving us all with a sparkly clean and tidy venue.

Please do your bit to keep it that way;

There is a rake and a broom in the storage building – if you have time please use them. We are getting quite a few leaves falling at present - if left they mulch down providing nutrients for weed growth.

Also wash up cups, put rubbish in bins.....let us know if we need toilet paper, etc.

Painter needed

We have the paint – do you have the time?

There is a small section of wall in the toilet that needs painting. Can you help?

Fundraising – Bunnings BBQ Saturday 30 June

We have been lucky again. Bunnings Seven Hills have given us the opportunity to host a BBQ on Saturday 30 June. We usually make around \$1000.00 which is a great bonus for the club. Your help however is needed. Nerida is organizing food, drinks and all manner of things beforehand. We do need your help on the day.

When can you help? Contact Lyn to book your spot.

Time	Adult 1	Adult 2	Adult 3	Player 1	Player 2
7am-8.30am					
8.30am-10am					
10am-11.30am					
11.30am -1pm					
1pm-2.30pm					
2.30pm-4.30pm					

Fundraising – Chocolate Drive

July?????????

More information coming soon.

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Interested in Playing?

We still need open men

Come along to training and introduce yourself. If possible bring a mouthguard to wear. We can loan you a stick and shin pads to trial.

Training Times

Who	Day	Time
Men - Cavanagh	Monday	7.30pm to 9.00pm
Men - Cavanagh	Wednesday	7.30pm to 9.00pm
7s/9s - Cavanagh	Tuesday	6.00pm to 6.45pm
11s/13s - Cavanagh	Tuesday	6.45pm to 7.45pm
7s/9s – The Ponds	Wednesday	6.15pm to 7.00pm
15s/17s – Cavanagh	Thursday	7.00pm to 8.00pm

The Season Thus Far

Facility – Improving

Teams – up 2 on last year with 17s and a 2nd mens side added.

Players – up 22 on last year

Performance –

- 7s and 9s – Encouraging
- 11s – Going well
- 13s - Slow start but played their best game of the season on Saturday against a strong side.
- 15s – A 3 club venture so a bit challenging bringing everyone together but I think they are starting to find their way
- 17s – Moved from 15Cs to 17Bs this year. Managed to pick up their first win of the season on Friday so clearly starting to learn how to play against the older, stronger sides
- Mens A – A tough ask; B grade to A but they are working hard to compete. Managed a rare goal against Panthers A. Picked up their first win recently.
- Mens B – This side has a predominance of new and returning players. As such they have lacked both fitness and skill but like As are working hard on their game and showing improvement each week.

Participation - Take a bow. I am encouraged by the number of people helping across the club to make things work – putting up signs, pitching in and cleaning up, fundraising, managing, coaching, administering.....With everyone working together we can't help but grow and with that continue to increase opportunities for people to play hockey in the local area.

Draws and Results –

- Juniors - <http://www.nahockey.org.au/>
- Open Men - <https://www.revolutionise.com.au/nepeanhockey/>

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Uniform and Equipment

Men – shirts \$50, socks \$10. Wear any black shorts

11s to 17s – shirts \$35, socks \$10. Wear any black shorts

7s and 9s – shirts supplied, socks \$10. Wear any black shorts

All players will need their own stick, shin pads and mouth guard. For the younger ones KL can supply a kit for \$25 which includes a stick, shin pads, mouth guard and minkey ball.

Hood Tops - \$20

Stay warm this winter with a club hoodie. Limited stock. Sizes M to XL.



2018 Committee Contact Details

President	Chris Swadling	0404 487 413	c_swadling@hotmail.com
Secretary	Lyn O'Reilly	0421 798 242	klhcsecretary@gmail.com
Treasurer	Chris Heath	0439 429 662	klhctreasurer@gmail.com
Assistant Secretary	Christina Thomas	0419 048 920	christinathomas4.ct@gmail.com
MPIO	Jo Baird	0434 332 954	klhcmpio@gmail.com
NHA Rep	Kate Bush	0418 431 311	Katrina.BUSH@thalesgroup.com.au
Committee Member	Vacant	Any takers?	We'd love your help!

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