

**DATES TO REMEMBER***Next Round of Games*Friday April 16<sup>th</sup>Saturday April 17<sup>th</sup>.**Bunnings BBQ Dates**May 23<sup>rd</sup> – U13 parents/players**Results Round 1**

U11 KL 0 d ND Blue 0

U13 KL 2 d Ryde white 2

U15 KL 2 lost to ND's 3

**Results Round 2**

U11 KL 0 d Briars 0

U13 KL 4 defeated Hornsby 0

U15 KL 2 lost to GNS 3

**From the Club President**

Well Done to Patrick O'Reilly on his selection in the HNSW U13 City Team which played against the HNSW U13 Country Team over the week end. Country proved too strong for City winning both games. Country's speed, anticipation, skill and team work were key factors in their success.

**Breaking News**

Isabelle from the Blacktown Advocate Newspaper, has been requested to take a photo of players in their new uniform for the local paper. Could all available players please be at the tennis courts this Thursday (1<sup>st</sup> April), in their **new uniform with their stick at 4.30pm**. If its pouring the shoot will be cancelled. I have said that we will train in drizzle and that there is an undercover area available so that the shoot could still proceed in light rain.

**May you all have a safe and happy Easter.**

Postal Address: PO Box 719 Kings Langley, NSW 2147

Web: [www.kingslangleyhockey.org.au](http://www.kingslangleyhockey.org.au)Email: [info@kingslangleyhockey.org.au](mailto:info@kingslangleyhockey.org.au)Phone: Club President Lyn O'Reilly **9674 2876****Coming Up**

Sydney West Primary School Hockey Trials will be held at Pennant Hills Park on Tuesday April 27<sup>th</sup> between 9.30am and 2pm. Ask your school sports convenor for a permission slip if interested in attending.

**Training During Holidays**

**The U13's** will train as normal over the next 3 weeks

**The U11's** will train on Thursday 1<sup>st</sup> April (no joke!), but then take a two-week break during the school holidays. The next training session will then be on Thursday 22<sup>nd</sup> April.

**Holiday Homework:** go to the club website, look in the "Links" section and download and read the "How To Play Hockey" file.

**Next Round of Games**

The first 2 rounds of games have been used to sort teams into correct grades and to look at the suitability of over age players prior to the start of the competition proper.

The competition draw will now be completed over the next couple of weeks. It is expected that games will be scheduled for **Friday April 16<sup>th</sup>** and **Saturday April 17<sup>th</sup>**.

The Junior Competition Coordinator will provide details when available.

Not sure where to go? Look on the KLHC website.

**Umpires** Could parents and U15's who are interested in umpiring please contact Lyn O'Reilly via email; [peter.oreilly3@bigpond.com](mailto:peter.oreilly3@bigpond.com)

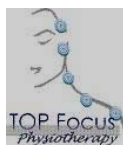
**Beginners Coaches**

Any U15 players who are interested in helping with the beginners program please contact Lyn O'Reilly via email; [peter.oreilly3@bigpond.com](mailto:peter.oreilly3@bigpond.com)

**Kings Langley Hockey Club is proudly sponsored by:**



Homebush Ph: 9746 0231

[www.justhockey.com.au](http://www.justhockey.com.au)**KINGS LANGLEY**

Phone: 8847 4505

Top Focus Physiotherapy

[www.topfocusphysio.com.au](http://www.topfocusphysio.com.au)**Kings Langley Constructions**

(02) 9674 3819

Graham Waller Tax Agent

[g.waller@bigpond.net.au](mailto:g.waller@bigpond.net.au)

**A reminder re fees and registrations:-**

For those wishing to pay a lower upfront fee and then a weekly fee for games played;

U9's \$100.00 + \$5.00 / week

U11's \$130.00 + \$5.00 / week

U13's \$130.00 + \$6.00 / week

U15's \$130.00 + \$6.00 / week

For those wishing to pay a season fee with no weekly fees;

U9's \$155.00

U11's \$185.00

U13's \$200.00

U15's \$200.00

Siblings receive a \$10.00 discount.

It is expected that each team will play 15 games excluding the finals series.

Please speak with the committee if you would like to pay in installments.

**2010 Training**

U15's Wednesday March 3<sup>rd</sup> 5.50pm to 6.50pm

U11's Thursday March 4<sup>th</sup> 5.00pm to 6.00pm

U13's Thursday March 4<sup>th</sup> 5.45pm to 6.45pm

**Please Note:** The first 15 minutes of training will consist of warm-up activities on the grass area.

No players are to be on the courts until given permission by the coach.

All players must wear mouth guards and shin pads for training and matches.

All players must bring a stick, drink bottle and warm top to training.

If you are injured or unwell let your coach or manager know.

If you will be absent from training or matches let your coach or manager know.

Hockey is great fun but it can be dangerous. Help keep each other safe.

Follow instructions and act responsibly at all times.

**Thank you**

Thank you to Veena, Varun's mum for your efficient and timely distribution of the club's new uniforms. The players look great in the new strip.

Thanks to Nitika, Harneet and Simreet's mum for taking on the role of website co-ordinator. We hope to see some updates happening soon.

Thank you to Thomas, Alex and Johnny who helped the U13's out last week. The U 13's only have 11 players in their team. As such they will need to call on U11 players to help them out through the season. It is great to see these players coming up and playing with such enthusiasm in times of need.

**Team Contact Details****U11's**

Coach: Tim Allen, ph. 9674 7242 / 0403 046 545, email tallen@egl.com.au

Assistants: Martin Garcias, Anita Yallop

Managers: Brett Cameron ph. 8840 8017 / 0451 473 568 email - r.cameron3@live.com

Natalie Allen ph. 9674 7242 / 0405 500 802 email - juggins@optusnet.com.au

**U13's**

Coach: Lyn O'Reilly ph. 9674 2876 email - peter.oreilly3@bigpond.com

Manager: Kate McGuiness email - Katrina.McGuiness@thalesgroup.com.au

**U15's**

Coach: Maryann Graves, ph. 8882 9246 / 0428 382 282 email - maryann@mmcomputers.com.au

Assistants: Devinder Singh, Peter O'Reilly

Manager: Veena Naidu email - 8.veena@gmail.com

**Sponsorship**

A big thank you to all our sponsors. Your support for KLHC has been great.

Should any players bring a new sponsor to the club you will qualify for a reduction in fees as follows;

Gold Sponsor \$500.00 / annum \$150.00 fee reduction or \$200 for a family

Silver Sponsor \$250.00 / annum \$100.00 fee reduction

Bronze Sponsor \$100.00 / annum \$40.00 fee reduction

The Committee can be contacted to find out more about sponsorship packages. All sponsorships must be approved by the committee.

**U9 Beginners Program**

The U9 beginner program will run for 10 weeks on Wednesday afternoons in term 2. All players will have the option of playing in monthly gala days against other clubs including any being held in term 3.

\$70.00 Hin2H registration includes equipment pack with stick, shin pads and ball

\$55.00 HNSW registration no gear

**Registration**

**A maximum of 15 U9's will be accepted  
Places will be filled in order of receipt of registration.**

**Registrations Close Thursday April 1st.**

Contact Lyn 9674 2876 [peter.oreilly3@bigpond.com](mailto:peter.oreilly3@bigpond.com)

## Match Reports – The First 2 Rounds!

### Round 1 - U11's 0 – 0 draw with Northern Districts Blue at Pennant Hills Park on Friday 19<sup>th</sup> March: Tim Allen

An outstanding start to our 2010 season saw us battle out a tightly contested 0 – 0 draw with a team that convincingly beat us last year. It was fantastic to see that our seven players who played in 2009 have not just picked up from where they left off, but improved across all aspects of their game. Just as impressive was the contribution from our six new players who took the field with such energy and focus. U11's had the privilege of being the team to debut Kings Langley's fabulous new uniforms, on a warm autumn evening in the bushland setting of Pennant Hills Park.

From the "veterans", our halfback line of Johnathon, Thomas and Max effectively shut down most attacking raids with well-timed tackles, which left little for Harneet at fullback and Elias in goals to do. Nevertheless, Harneet was rock solid in strong tackles and clearances and Elias gave a textbook display of positioning and kicking any stray balls clear, clearly enjoying the opportunity to test drive our brand new goalkeepers gear. The halfbacks also showed great counterattacking and excellent free hit taking, launching our forwards into the opposing half time after time. Merryn on the wing made great attacking runs and crosses, while Alex at inner bamboozled the opposing defenders with his stick skills.

The new recruits were not to be outdone, however, with Freya moving from a solid start at fullback to a committed turn on the wing, jumping right in to the thick of the action. Matias showed terrific fitness and initiative at inner, grabbing the ball, running with it and firing off passes. Kristina was alert and well-positioned in taking on many tackles at fullback, preventing opposing forwards from even entering the circle. Nerida had a superb time at centre forward, always seeking the ball and streaking off with it straight to the goals at every opportunity. Matthew kept great positional play across both wing and inner, chasing the ball hard and making great passes and traps. And Mikayla made a brilliant debut with a perfect penalty corner hit out only a minute or so after coming on to a hockey field for the very first time.

Best of all were the big smiles, enthusiasm and comments about how much fun playing hockey is. A marvellous start to what should be a season full of more great times running ourselves ragged and rocking it up on the pitch! Well done U11's!

### Round 2 - U11's 0 – 0 draw with Briars at Cintra Park on Saturday 27<sup>th</sup> March: Tim Allen

Dragging ourselves out of bed for the early game saw us maintain our perfect defensive record with another evenly matched 0 – 0 draw with another team who had beaten us last year. Needing to loan Thomas to the U13's and having Alex for only part of the game to likewise support the U13's, we were further reduced by poor Mikayla being ill. The last complication was Nerida copping a leg injury during the week, so that she could only play as goalie! With a quick last minute goalkeeping swap, we headed on to the field.

Swapping everyone around to try different positions had no effect on everyone's enthusiasm, as all the players got stuck into the match at full tilt. A special mention goes to Joseph for a great debut at right wing, as he showed great speed in chasing passes and top agility in keeping the ball in play. Freya impressed again on the left wing with clever positioning and solid trapping, while Merryn was tireless in tackling back and cover defence at left inner. Kristina was in the thick of the Briar's defence at centre forward, always on the alert for a chance to launch attacks. Harneet dominated at right inner with some superb tackles and clever elimination passes to Joseph and Kristina.

Particularly pleasing was the great teamwork between the forwards and the halfbacks, and again between the halfback and the defenders, as each layer of the team worked up great linkages to the next layer. Max made great tackles and shut down attacking runs at centre halfback and took strategic free hits. Elias at left halfback showed wonderful defending mixed with clever attacking opportunities, while Alex was again consistently stopping our opponents' attacking runs and then winning free hits with clever stick work at right halfback. Johnathon had been all primed to be goalkeeper, but adapted seamlessly to excellent stints at both right fullback and right halfback.

Matias and Matthew provided such excellent defensive cover at left and right fullback that Briars couldn't manage to get a single penalty corner. Great free hits, bold tackles and consistent backing up from these two defenders meant that Nerida, helpfully and loudly identifying unmarked attackers, only had to make two or three very solid clearances in the entire game.

The only thing missing? Some cooler weather to help us run faster and longer! A few Kings Langley goals would be the icing on the cake, so here's hoping we hit the net in the next couple of games just as well as we've been keeping our opponents out of our net!

**Round 1 - U13's Kings Langley 2 – Ryde White 2 20<sup>th</sup> March 2010 By Chris McRae**

On Saturday we played a very good game. Considering it was our first game I feel we all played our positions pretty well. We were glad that we had Thomas as a sub because some of us were getting very, very tired, dehydrated and in need of a rest. Thomas also scored the goals for us which were an added bonus. Both goals were assisted by Patrick. Our goalkeeper, Nathan did a very good job of defending the few balls that came through the solid defense. I feel the team is pleased to have started the competition with a goal scoring tie and not a loss.

**Round 2 - U13's Kings Langley 4 Defeated Hornsby 0 Saturday 27<sup>th</sup> March 2010 – Match report next week!****Round 1 - U15 Kings Langely 2 Lost ND's 3 – Lyn O'Reilly**

The U15's played their first Friday night game against GNS at Ku-ring-gai last week. Fortunately cloud cover provided for a tolerably warm evening ensuring that players and aging umpires alike could run at pace without risking muscle tears or strains.

KLHC were energetic and enthusiastic in their play dominating much of the possession. GNS however with good positional play and passing were

2 - nil up before Joseph opened KL's account with a well struck shot at goal to the left hand corner post from a penalty corner.

GNS scored again to lead 3 - 1. With time running out it looked like this would be the final score before BJ pushed one past the GNS goalie to give KL some hope going into the last few minutes of the game. BJ's goal though was the last of the night, the final scoreline being KL 2 vs GNS 3.

Some good points; energy and enthusiasm, skill improvement, never say die attitude, encouragement of each other. Some things to work on; positional play, defensive marking, fitness.

**Round 1 - U15 Kings Langely 2 Lost ND's 3 By Varun Naidu**

The first game of the season for the U15's was against Northern Districts at Pennant Hills. The season was off to a great start with Joseph and Bj scoring in the first half. In the second half, Northern Districts fought back, scoring 3 goals and defending well to keep Kings Langley from scoring again. The final score was 3-2; Northern Districts way. Special thanks to Maryann for providing fruit at half time!

**Round 2 - U15 Kings Langely 2 Lost GNS 3 By BJ Graves**

On Friday night we played our second trail game against GNS Blue at Kuringai. We had good weather to play in and everyone did well.

Our new players – Elizabeth, Asaf, Saurab and Blake showed more confidence and played well. They did some good passing, tackling and helping in getting the ball to our forwards, that we managed to get 2 goals.

Their improvement from the first game was very noticeable in their second game.

Our goalie Qasim also did very well – his skill in defending the goals made the GNS team start to hesitate in shooting for goal towards the end of the game.

In the end GNS only managed to get 3 goals passed our goalie. Our backs Aiden & Patrick were kept busy throughout the game – Great defence work guys.

With great teamwork we managed to get 2 goals – 1 by Joseph from a great short corner and the other from BJ.

Congratulations to KLHC U15's and especially the new players who have showed continuous improvement, considering it was only their 2<sup>nd</sup> game of the season. We can and will get better as the season progresses.

After this game the team all want more training to improve our performance and be ready for the season to come.