

**DATES TO REMEMBER**

Saturday 30<sup>th</sup> October - Club  
AGM & Presentation Day

**Round 13: Saturday 31<sup>st</sup> July**

U11 KL 10 win ND White 0  
U13 KL 5 win Ryde BI 3  
U15 KL 0 loss Briars 6

**Round 14: Saturday 7<sup>th</sup> August**

U11 8.00am @ PHP v BHills  
U13 9.00am @ PHP v ND Blue  
U15 10.10am @ PHP v Manly

**Round 15: Saturday 14<sup>th</sup> August**

U11 8.00am @ KRG v GNS Blue  
U13 10.10am @ Ryde v GNS BI  
U15 11.20 @ PHP v Nth Dist

**Kings Langley Hockey Club is  
proudly sponsored by:**

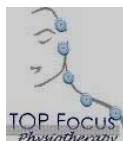


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**Club Secretary** Kate McGuinness 0418 431 311

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Email [info@kingslangleyhockey.org.au](mailto:info@kingslangleyhockey.org.au)

**From the Club President**

Weren't we lucky. After a week of rain and many sports cancelled we all got on to play in fantastic conditions. I hope you enjoyed playing and spectating as much as I did. The U11's were on fire producing a 10 nil win over ND's. The 13's came home strongly to get a 5 - 3 win up against Ryde Black while the 15's, trialling some new tactics put an impressive 1st half together against Briars. Fatigue still creeps in in the 2nd half for these guys but they are making great improvements.

Next weekend come out to Pennant Hills and watch all 3 teams strut their stuff! The 11's play at 8am followed by the 13's and then 15's. **Bring your cameras along. Kate and Maryann need photos of every player taken.**

Coming up on Monday August 9th is the next committee meeting. Everyone is welcome to attend, particularly those of you who may be interested in helping out next year.

U9's have their final gala day on August 14th at Ku-ring-gai. Please let me know if you are able to play.

Remember to contact me if you are interested in going to rep. trials or Kate if you'd like to play indoor hockey this summer.

**Committee Positions.**

**Executive;** President, Vice President, Treasurer, Secretary, Registrar

**General Committee;** AASCP, Beginners, Junior Competition, Indoor, 4-a-side, Child Protection, Education, Artwork, Newsletter, Website, Fundraising, Sponsorship, Equipment, Uniform, Presentation Day, NAJHA Rep., Park Committee Rep..

In 2011 KLHC will again need to have people looking after the above areas. Ideally all Executive Committee positions should be filled with people who are able to attend committee meetings on a monthly basis. With many of the general committee roles regular attendance at meetings is not required but welcomed.

**Please contact Lyn or Kate for more information.**

**Indoor Hockey**

Indoor hockey is a very fast sport. Played on an indoor court about the size of a basketball court it has sideboards to keep the ball in play. Teams have 6 players including a kitted up goalie and games run for 2 x 20 minute halves.

The season runs on Sundays during term 4. Games for the younger age groups (U9's, U11's, U13's) are usually played at Ryde Aquatic Centre. The cost of registration is around \$80 / player. You will need an indoor stick to play. These can be purchased from about \$40.

Last year KLHC entered an U13 side. I'm told that many of these players who are now in U15's age group are keen to play again.

**The closing date for Registrations is approaching so if you are keen to find out more or get your name down to play contact Kate.**

**Photographers needed!!!!**

In preparation for our end of year celebrations we are looking for a couple of parents in each team who would love to take action shots of **ALL** players on the field.

You may already have shots taken this season, and your assistance in this will make all our children very happy.

**For details please email or call -**

Lyn McRae [Lyn.mcrae@exemail.com.au](mailto:Lyn.mcrae@exemail.com.au)

0421 895 449

**Results & Upcoming Rounds**

Round 13 Results						
Team	Venue	Date	Time	Opponent	Result	Score
U11	Pennant Hills	31/07/10	8:00 a.m.	ND White	Win	10 – 0
U13	Ryde	31/07/10	10:00 a.m.	Ryde Black	Win	5 – 3
U15	Cintra	31/07/10	10:00 a.m.	Briars	Loss	0 – 6
Upcoming Round 14 Information						
Team	Venue	Date	Time	Opponent	Umpire	Match Report
U11	Pennant Hills	7/08/10	8:00 a.m.	Baulkham Hills	B.J. Graves	
U13	Pennant Hills	7/08/10	9:00 a.m.	ND Blue	Joseph O'Reilly	
U15	Pennant Hills	7/08/10	10:10 a.m.	Manly	Craig Baird	
Upcoming Round 15 Information						
Team	Venue	Date	Time	Opponent	Umpire	Match Report
U11	Ku-Ring-Gai	14/08/10	8:00 a.m.	GNS Blue	B.J. Graves	
U13	Ryde	14/08/10	10:10 a.m.	GNS Blue		
U15	Pennant Hills	14/08/10	11:20 a.m.	Nthn. Districts	Craig Baird	

*A Reminder that you can now look up the results, tables and fixtures and venues on KL's website.*

**NAJHA Trials**

KLHC competes in the North Area Junior Hockey Association (NAJHA) competition. NAJHA is one of 2 Associations that fall under the Sydney Junior Hockey Association (SJHA) the other being Central Area Hockey Association (CAJHA).

SJHA sides are chosen from NAJHA and CAJHA representative sides. SJHA representative sides compete in carnivals and for U13 teams and older, NSW State Championships. U13 players are also eligible for selection into State Teams.

AT NAJHA trials, 2 teams will be selected in each age group to go to SJHA trials where games will be played against the 2 CAJHA teams. In the U11 age group 2 SJHA Rep. Teams will then be selected. Training usually starts in February and occurs once or twice a month until the last event being the Herb Fibbins Carnival (Sutherland) in August.

The cost for U11 rep. players is around \$150.00 not including uniform purchase, travelling or accommodation costs, usually to attend a carnival in Canberra and one in Tamworth (York Cup).

An U11 development side is also chosen. Children in this team will have fewer training and carnival commitments than either of the 2 Rep. Teams.

In the U13 and U15 age groups 3 SJHA Rep. Teams will be chosen. Training will usually commence in February and occur once or twice a month with the rep. season finishing with State Championships in June? for U15's and July? for U13's. The 13's and 15's travel on a team bus to and stay in team accommodation at State Championships. The cost of this is included in the fee which is around \$400.00.

This fee does not include uniform requirements, transport and accommodation costs of other carnivals, eg Canberra or food.

Our 3 sons have represented Sydney this year (Thomas U11 2's, Patrick U13 2's, Joseph U15 3's). All have enjoyed and learnt from the experience. Johnny made the U11 development squad. I'm told that he too has benefitted from the experience. If your child is keen to learn more about and play more hockey I would recommend sending them to North Area Trials.

As trials are being held this year for 2011 teams you will trial in the age group that you will play in next year. If you are turning 11 or under in 2011 then you will trial for U11's, 13 or under in 2011 then you will trial for U13's, 15 or under in 2011 then you will trial for U15's.

**I would like the name of all players interested in trialing by Friday August 13th. You will need to give me your 3 preferred playing positions. Payment of \$5/session is paid on the day of the trials.**

**Coming Up****Raffle tickets distributed**

**Saturday August 7th** KLHC all play at PHP; U11's 8am, U13's 9am, U15's 10.10am

**Saturday August 14th** U9 Gala Day at Ku-ring-gai

**Friday August 13th** Semi Finals commence

**Sunday August 22nd, 29th** NAJHA Rep. Trials for U11, U13 and U15 Boys

**Sunday September 5th** NAJHA Training

**Sunday September 12th, 19th** SJHA Trials for U11, U13 and U15 Boys

**Sunday October 24th** Kings Langley Village Fair

**Saturday October 30th** KLHC AGM and Presentation

**U11 Match Report Round 13 by Merryn**

Team: Kings Langley U11

Round: 13 Date: Sat, 31/7/1020

Time: 8.00am

Opponents: ND White

Ground: Pennant Hills

Result: Win 10 - 0

Goal Scorers: Thomas, Alex, Mathew, Matias, Johnny and Freya

Report By: Merryn

**Report:**

Today we all played an fantastic game, the score was 10-0 our way. The game was frantic we all loved it, everyone was busy doing there bit to help us win the game. But i was getting bored because i was the goalkeeper. My team didn't let the ball come down to my end this was great effort from them. Alex scored 1 goal, Mathew 1, Matias 2, Johnny 1, Thomas 3 goals and Freya I think scored her very first goal. Well done Freya and excellent work hockey team. Even though I didn't do anything as the goalkeeper, I could see the action live on the field. Kings Langley players give yourselfs a pat on the back. Your've done us proud, well done.

**RAFFLE**

Thanks to everyone who has taken home raffle books to sell – all proceeds from the sale of tickets goes directly back to Players as this enables KLHC to purchase more equipment, especially Goalie Gear!

Each book comes with 11 tickets the 11<sup>th</sup> one free!!!

If you are able to sell more tickets please contact Lyn McRae [Lyn.mcrae@exemail.com.au](mailto:Lyn.mcrae@exemail.com.au) or 0421 895 449 or pick them up at training!

# KINGS LANGLEY HOCKEY CLUB

Pearce Reserve - Joseph Banks Drive, KINGS LANGLEY

## Monster Raffle

### Tickets \$1

**Prizes Include:**

- 2 x \$50 Dining Voucher from *Lalor Thai*
- 2 x Seafood Baskets from *Simply Seafoods*
- A Hockey Stick & Bag valued \$150 – *Just Hockey*
- 2 x Family Passes – *Sydney Ice Arena*
- \$30 Meat Voucher from *Mardon Meats – Kings Langley*
- 1 x 1hr Coaching Session with 4-5 friends with *Ivan Boulton of Oz Sports*
- Aromatherapy Pack value \$75 from *Lyn McRae - Le Reve*
- 1 nights' accommodation value \$120 at *Del Rio Tourist Resort, Wisemans Ferry*
- An 'Assessment & Treatment Session' or '45min Therapeutic Massage' value \$72 – *Top Focus Physiotherapy*
- Italian Design Sun Lounge from *The Yallop Family*

*More prizes to come*

**Drawn Saturday 30<sup>th</sup> October 2010**  
after presentations

KLHC would like to thank the following for their generous donations & support:-













Phone: 8847 4505  
Top Focus Physiotherapy  
[www.topfocusphysio.com.au](http://www.topfocusphysio.com.au)







**Team Contact Details****U11's**

**Coach:** Tim Allen, ph. 9674 7242 / 0403 046 545 [tallen@egl.com.au](mailto:tallen@egl.com.au)  
**Assistants:** Mark Williamson, Anita Yallop  
**Managers:** Brett Cameron 8840 8017 m 0451 473 568 [r.cameron3@live.com](mailto:r.cameron3@live.com)  
Natalie Allen 9674 7242 m 0405 500 802 [juggins@optusnet.com.au](mailto:juggins@optusnet.com.au)

**U13's**

**Coach:** Lyn O'Reilly 9674 2876 [peter.oreilly3@bigpond.com](mailto:peter.oreilly3@bigpond.com)  
**Assistants:** Maryann Graves, Angela Kyril  
**Manager:** Kate McGuiness 0418 431 311 [Katrina.McGuiness@thalesgroup.com.au](mailto:Katrina.McGuiness@thalesgroup.com.au)

**U15's**

**Coach:** Maryann Graves h 9676 3152 m 0428 382 282 [maryann@mmcomputers.com.au](mailto:maryann@mmcomputers.com.au)  
**Assistants:** Devinder Singh, Peter O'Reilly  
**Manager:** Veena Naidu email - [8.veena@gmail.com](mailto:8.veena@gmail.com)

**Venues** Not sure where to go? Look on the KLHC website.

**Training**

U15's Wednesdays 5.30pm to 7.00pm

U11's Thursdays 5.00pm to 6.00pm

U13's Thursdays 5.45pm to 6.45pm

**Note** : The first 15 minutes of training will consist of warm-up activities on the grass area.

No players are to be on the courts until given permission by the coach.

All players must wear mouth guards and shin pads for training and matches.

All players must bring a stick, drink bottle and warm top to training.

**If you are injured or unwell let your coach or manager know.**

**If you will be absent from training or matches let your coach or manager know.**

Hockey is great fun but it can be dangerous. Help keep each other safe.

Follow instructions and act responsibly at all times.